



Pacific Northwest Karate Association

Pacific Northwest Karate Association, your Shotokan Karate resource in Oregon, Washington, and beyond

www.nwkarate.com

Greetings fellow Karateka,

Our Fall seminar will be on October 13th and 14th in Vancouver, Washington.

This training will be conducted by our local senior instructors and will provide valuable instruction for all levels! We will have a **different testing time for this event** so please review the schedule below.

Please note: We are subject to federal requirements regarding forms which must be submitted by every person using the VA gym facilities. The venue is an important one for us. Please work with your instructors to file the required forms in a timely manner.

All training will be at: VA Medical Center Gym
1601 E. Fourth Plain Blvd.
Vancouver, WA 98661

Saturday 10/13: Registration opens: 9:00am
Training starts: 9:30am

Lunch: 12:00pm

Exams: 1:00pm - 2:00pm
Afternoon training: 2:00pm - 4:30pm

*** *Please note the new exam time***

Sunday 10/14: Training starts: 9:00am-10:30am

Fees: Training at this event is FREE, Exams - standard rates

Questions? Ask Bob Ems

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