



Greetings fellow karateka,

Our Winter Seminar will be held February 25th and 26th in Vancouver, Washington.

Local senior instructors will provide instruction in a mix of group classes and small group or one-on-one training. We'll cover ground in kihon, kata and kumite and address a broad spectrum of skill levels. All are welcome. There will be something for all levels to enjoy and benefit from.

**Sensei Robert Graves** will instruct a training session on Saturday.

**PLEASE NOTE:** We are subject to federal requirements regarding forms which must be submitted by every person using the VA gym facilities. The venue is an important one for us. Please work with your instructors to file the required forms in a timely manner.

I'm working on events for the rest of the year. So far I have Sensei Albert Cheah set up for the spring seminar in Bend, May 5 - 7 and Sensei Ron Vance in the works for summer camp in Corvallis (dates TBA). This year Corvallis Karate School marks its 25th year of continuous operation at our 6th Street dojo. Please plan on joining us to help celebrate this special landmark.

Best regards,

*Gil Hartl*

<p><u>Questions?</u> <u>Ask Gil</u> tel: 541-401-3006 e-mail: <a href="mailto:hartl@corvalliskarate.com">hartl@corvalliskarate.com</a></p>
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## **Event Schedule:**

All training will be at:.....VA Medical Center Gym  
1601 E. Fourth Plain Blvd., Vancouver, WA 98661

**Saturday, 2/25:** Registration opens:....8:30 a.m.

Training starts:.....9:30 a.m.

We'll train 2 hours or so in the morning, take a lunch break then come back for another good training session in the afternoon.

Exams will follow immediately after training.

The Winter JKA-USNW, Inc. Board meeting will be held after exams on Saturday.

**Sunday, 2/26:** Training: .....9:00 - 10:30 a.m.

**Fees: Training at this event is FREE, Exams - standard rates**