



# JKA NORTHWEST

Your Traditional Karate resource in Oregon, Washington, and beyond  
[www.nwkarate.com](http://www.nwkarate.com)

Greetings fellow karateka,

I hope this new year finds all of you well. Our Winter Seminar will be held February 27th and 28th in Vancouver, Washington.

Our organization's senior instructors will provide instruction in a mix of group classes and small group or one-on-one training. We'll work to cover ground in kihon, kata and kumite and address a broad spectrum of skill levels. All are welcome.

**Sensei Robert Graves** will instruct the final training session on Saturday.

**PLEASE NOTE:** We are subject to federal requirements regarding certain forms which must be submitted by every person using the VA gym facilities. That venue is an important one for us. Please work with your instructors to file the required forms in a timely manner.

If you have any questions please ask. Otherwise, I look forward to seeing all of you there.

Best regards,

*Gil Hartl*

Planning Officer - JKA Northwest

Questions?

Ask Gil

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## **Event Schedule:**

All training will be at:.....VA Medical Center Gym  
1601 E. Fourth Plain Blvd., Vancouver, WA 98661

**Saturday, 2/27:** Registration opens: ...9:00 a.m.

Training starts:.....9:30 a.m.

We'll train 2 hours or so in the morning, take a lunch break then come back for another good training session in the afternoon.

Exams will follow immediately after training.

The Winter JKA-USNW, Inc. Board meeting will be held after exams on Saturday.

**Sunday, 2/28:** Training: .....9:00 - 10:30 a.m.

**Fees: Training at this event is FREE, Exams - standard rates**